

**Catholic Parish of Our Lady and St George**

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**Rev. Canon. Niall Harrington; Fr. John Victor**

**Fr. Joseph Anthiamkulam (Syro-Malabar Chaplain);**

**Rev. Joseph Baffour-Awuah (Permanent Deacon)**

Our Lady and St George's Primary School:

Lower Site 8520 8500. Upper Site: 8520 3552

Holy Family Catholic College: 8520 0482/8520 3587

**Charity Number: 234092**

**FOURTEENTH SUNDAY (A) – 04/05 JULY 2020**

Dear Parishioners,

In the first reading, the prophet Zechariah consoles the Jews living in Palestine under Greek rule, promising them a “meek” Messianic King of peace riding on a donkey, who will give them rest and liberty. The Responsorial Psalm (Ps 145) praises and thanks a kind and compassionate God Who “*raises up those who are bowed down*” under heavy yokes.

In the second reading, Paul tells the first-century Christian community in Rome about two yokes, namely, the “flesh” and the “Spirit,” and he challenges them to reject the heavy and fatal yoke of the flesh and accept the light yoke of the Spirit of Jesus. Christian spirituality, according to Paul, proceeds from the initiative of the Holy Spirit and means living in the realm of the “Spirit” as opposed to the “flesh.”

In the Gospel, Jesus offers rest to those “*who labor and are burdened*” if they will accept his “*easy yoke and light burden.*” By declaring that his “*yoke is light,*” Jesus means that whatever God sends us is made to fit our needs and our abilities exactly. The second part of Jesus’ claim is: “*My burden is light.*” Jesus does not mean that the burden is easy to carry, but that it is laid on us in love, that it is meant to be carried in love, and that love makes even the heaviest burden light.

**Have a Blessed Week**

**Canon Niall**

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**MARRIAGES:** By appointment. At least six months' notice is required. Please speak to one of the priests for more information.

### **Guidelines on reopening of the Church**

- Please follow one way system, Social distancing and the guidance by the volunteers.
- If you have an illness/feeling unwell, please remain at home until you are fully recovered.
- Entrance only through the front door and exit only through the farther right side door near the sanctuary.
- You will be signed into Mass – Name and Telephone.
- Use Sanitizers, gloves and face coverings/masks.
- Please observe all the signs of social distancing regarding where to sit/kneel in the church.
- Keep social distancing.
- No Altar-servers, readers and deacon for the liturgy.
- Very brief homily.
- There will be no offertory procession of gifts and collection during Holy Mass; instead you may drop your contribution at the basket kept at the entrance and exit as well.
- There is no exchange of the sign of peace.
- After the prayer “*Behold the Lamb of God . . . Lord I am not worthy,*” when the priest holds up the host and says “*The Body of Christ*” the congregation respond “*Amen*”. In the same way, when the priest elevates the chalice and says “*The Blood of Christ*” the congregation respond “*Amen*”. The communion will be distributed in silence.
- Communicants may receive Holy Communion, in their hands, palms upwards, one on the top of the other, should be extended as flatly as possible.
- No Extra ordinary Lay ministers of Holy Communion.
- Come to receive Holy Communion only under the guidance of the stewards.
- Come early for weekend Masses – church capacity is only 150.

- It is not a known fact on how many people will attend mass. Consequently one way of managing this is for people to come to the weekday masses in the church.
- Offertory collection and donations to be placed in the baskets as you exit after Holy Mass.
- Priests are told to go directly to the sacristy after mass.
- **Mass times:**  
**Weekday Mass:** 9.15 am and 6.00 pm  
**Saturday:** 10.00 am and 6.00 pm  
**Sunday:** 10.00 am and 12.00 pm
- Please exit the church top right side through the emergency door signed exit.
- There will be no hand outs (Mass sheets, News Letters, hymn books etc.) for the masses for the foreseeable future.
- Choir returns in September.
- Families may sit and kneel together at the places available at the top left and top right corners of the church and the individuals occupy the main aisles.
- Neither holy water nor votive candles are available at present.
- Please refrain from touching statues.
- Access to the toilet is not allowed.
- Please leave the church promptly.

### **Online Mass**

We continue Live-streaming Mass at the daily 9.15 am Mass and on Saturdays and Sunday's at 10.00 am Mass via the parish account in youtube. Thank you for your patience and God bless you all. Link: <https://www.youtube.com/channel/olsge17>

**Percy Christy, Rest in Peace:** We pray for the happy repose of the soul of Percy Christy, Rest in Peace. The funeral of Percy Christy will be on Wednesday 08<sup>th</sup> July at 10.00 am at the City of London Cemetery.

## Mass Times and Intentions at Our Lady and St. George

<b>6.00 pm</b>	
<b>Sun 05 July</b>	<b>FOURTEENTH SUNDAY IN ORDINARY TIME (A)</b>
<b>10.00 am</b>	<b>Sebastian's Intentions (Mathew and Mariamma Thalanani)</b>
<b>12.00noon</b>	<b>Parishioners</b>
<b>Mon 06 July</b>	<b>FERIA</b>
<b>9.15am</b>	<b>Mary Cunningham's Intentions</b>
<b>6.00pm</b>	<b>Parishioners</b>
<b>Tue 07 July</b>	<b>FERIA</b>
<b>9.15am</b>	<b>Michael Breslin's Intentions (D'Sousa Family)</b>
<b>6.00pm</b>	<b>For the Speedy recovery of Evangeline (Fr. John's mother)</b>
<b>Wed 08 July</b>	<b>FERIA</b>
<b>9.15am</b>	<b>Ann (Rest in Peace) (Philomena and Family)</b>
<b>6.00pm</b>	<b>Housebound</b>
<b>Thu 09 July</b>	<b>FERIA</b>
<b>9.15am</b>	<b>Theresa's Intention's (Betty)</b>
<b>6.00pm</b>	<b>Those in the parish who are ill</b>
<b>Fri 10 July</b>	<b>FERIA</b>
<b>9.15am</b>	<b>Holy Souls (Betty)</b>
<b>6.00pm</b>	<b>Intentions of Canon Niall and clergy (Christine Bernabe)</b>
<b>Sat 11 July</b>	<b>ST. BENEDICT, Ab. European Feast</b>
<b>9.15am</b>	<b>Thanks giving</b>
<b>6.00pm</b>	<b>John Paul Ramsey's Intentions (Betty)</b>
<b>Sun 12 July</b>	<b>FIFTEENTH SUNDAY OF ORDINARY TIME (A) (Sea Sunday)</b>
<b>10.00 am</b>	<b>Sebastian's Intentions (Mathew and Mariamma Thalanani)</b>
<b>12.00noon</b>	<b>Frank Keaney (Rest in Peace) (Family)</b>
<b>02.30pm</b>	<b>Syro Malabar Mass</b>

### Prayer List

Christopher Browne, Rose Dennehy, Carol Hogermeer, Brian Keane, Ignatius Keane, Tony McCarthy, Rose O'Neill, Andrea Roberts, Promise Shinondo, Victoria Wyndham, Christine Conway, Nora Meades, Veronica Nolan, Mr and Mrs Charles, Esperanza Buenaventura, Joyce Ross, Christine Raymond, Jacky Boyrow, Thelma Lewis, Tasmin Sparks, Eileen Karim, Sandra Gibson, Archie Garrod, Martin Keane, Alix Charlery, Bridie Lacon, Peter Ikuptati, Mercy Fernando, Veronica Godsave,, Oliver Gaynor, Marjorie Singh, Gunanesan Singarajah, Bill Walsh, Bridget Lyons, Kristina Klimasauskaite, Philomena Spranklen, Jeffrey Mitchell, Michelle Boyle, Carla Cornelius, Cecelia Gibbs, Arthur Gibbs, Ural Gibbs, Gilbert Gibbs, Archie, George and Issac, Luis and Lukas, Comfort Kwawu, Judith Hilton, Gloria and Tracy Joseph, Regina Jose, Kojo Gyebi-Ababio, Thampirajah Baskaran, Linda Campbell, Brid O'Halloran, Hazel Belizaire, Tina Henriques, Neill, Alan and Ross Smith, Stefan, Monica Baugh, Eileen O Kane, Grace McCaley, Jadwiga, Matthias Fredberg, Michael White, Fr. Jean Laurent Marie, Roy and Margaret Bandhu, Alma Willox, John Walsh, Chantale Wildman, Christopher Almeida, Aileen Mensah, Sr. Helen, Pat Howland, Josephine Walsh (Paul), Jennie Richmond, Terry Coe, Stephen Donnelly, Daniel Donnelly, Sruthy, Fr. John Dall, Brendan Mc Donagh (aged 5), Liberee Uwimana, Evangeline.

Our parish safe guarding officials are Jenny Richmond and Marina Tuddy.

**Samaritans 020 8520 9191.**