

Catholic Parish of Our Lady and St George

132 Shernhall Street, Walthamstow E17 9HU

Tel: 020 8520 5877

E-mail: parishoffice@olsg.co.uk Website: www.olsg.co.uk

Fr Niall Harrington; Fr John Victor

Fr Joseph Anthiamkulam (Syro-Malabar Chaplain);

Rev. Joseph Baffour-Awuah (Permanent Deacon)

Our Lady and St George's Primary School:

Lower Site 8520 8500. Upper Site: 8520 3552

Holy Family Catholic College: 8520 0482/8520 3587

Charity Number: 234092

FIFTH SUNDAY IN ORDINARY TIME– 08/09 FEBRUARY.

(Racial Justice Sunday)

Dear Parishioners,

What do you think of yourself as a Christian? How would you rate yourself? In today's Gospel, our Lord has something very clear to say about the matter. 'You are the salt of the earth; you are the light of the world.' Jesus does not say to us: 'You are meant to be,' or 'You should be,' but 'You are....' What does he mean by telling us that we're the salt of the earth and the light of the world?

What is salt, what is it for? Before refrigeration, salt was very important as the preservative for food. In Jesus' time salt was so obviously valuable as to be what we might call a 'currency item.' Roman soldiers were sometimes paid with an allowance of salt. The Latin word for salt is sal, and that's where we get the word salary.

So, in calling us the salt of the earth, Jesus is telling us that we are valuable, useful, 'worth our salt.' Today we use fridges and freezers to keep food fresh, and the main use of salt is for flavouring. Without salt, food is insipid, flavourless: Jesus is telling us that we, his followers, have a key role in ensuring that our world does not become insipid.

Some people imagine that taking Christian faith seriously is very much about being insipid, about denying the goodness the world and its delights. Jesus has a different view: he tells us that without Christians, the world would lack something distinctive and necessary.

Salt, necessary though it is, is not a menu item. It is effective but hidden. Living our faith is not about being noticed; it's about making a difference. And that's the Lord's message to us, his disciples: Make a difference! If the purpose of salt is to get into food, then the purpose-or mission- of believers is to get Christ and his values into our society, our communities, our workplace, our school, our recreation.

The Gospel ends with Jesus encouraging us to let our light shine so that seeing our good work, people may give the praise to our Father in heaven. That's the challenge for us: striving to live that points to the goodness of God.

Have A Blessed Week

Fr. Niall (Fr. Niall)

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MARRIAGES: By appointment. At least six months' notice is required. Please speak to one of the priests for more information. The next marriage preparation course Monday and Tuesday 17th and 18th of February 6:50pm to 9:00pm in the parish hall. To book your place email : marinaandvincenzoolsg@olsg.co.uk

Parish Baptism Course The next session of the parish baptism course will be on Monday 24th February 2020 at 7:00pm in the Church.

The next session of preparation for the Sacrament of Confirmation is today Sunday at 4p.m.

At the 10a.m. Mass 7 parishioners will be commissioned as Extraordinary Lay Ministers of the Eucharist to serve in the parish and hospital

Dates for your diary.....Ash Wednesday 26th of February. Mass times with distribution of ash 9:15a.m. and 7:30p.m. Stations of the Cross every Friday evening of lent at 6:45p.m.

Walk With Me booklets for Lent are on sale at the repository for £1.

On Sunday 29th of March,2020 England will be rededicated as the "**Dowry of Mary**" This will happen in Westminster Cathedral, in Walsingham, in every Catholic Cathedral, in every parish church and in as many homes as possible. Bishop Alan will celebrate the 11:30a.m. Mass on that Sunday in Brentwood Cathedral.

Journeying with Jesus: Journeying with Jesus is a deeply spiritual and lavishly resourced programme of study for those who want to journey side by side with our Lord during Lent, either individually or in small groups. We begin our journey in the wilderness, and, with Jesus, face our temptation to opt for raw power. We travel with Jesus to the top of a mountain, we walk with him along the road. This may be a way to get more involvement as people may feel they need to do something for Lent, hopefully the Holy Spirit will draw people to come to improve their spiritual life.

On this day of prayer for Racial Justice.....we pray for Traveller Community. Pope Saint Paul V1 in a homily at a Roma Site....."You are not at the margins of the Church.....you are at the centre.....YOU ARE THE HEART OF THE CHURCH

Ash Wednesday It has become the practice in preparation for Ash Wednesday for parishioners to return the palms for burning. A basket will be in the porch marked "Returned Palms" from this Sunday onwards. Thank you

Church cleaning: We have a dedicated group of church cleaners who turn up each Tuesday morning at the tender time of 7a.m. to clean the church week in and week out. A warm welcome awaits any new church cleaner.

Mary Queen of Peace Day of Prayer: Come and join us at St. Mary Mother of God, Hornchurch, for a day of prayer on Saturday 22nd February 2020 10.00am-4.00pm. Rosary, Adoration and a talk given by Fr Svetozar, Franciscan Priest from Medugorje. Bring a packed lunch. Everyone welcomes.

Beginning Experience Weekend A healing weekend for men and women who are separated, divorced or widowed will be held from 3rd to 5th April 2020 at the Domus Mariae Centre, Chigwell, Essex. For details please contact Freda 01322-838415 or Maura 01322-551503 or email johnbrotherton@hotmail.co.uk

Alcoholics Anonymous meet on two occasions each week in the church meeting room Thursdays 12 noon to 1p.m. and Saturday evenings 8:00 to 9:30p.m. Anyone with an alcohol problem will receive a warm welcome.

Patricia McKenna, Rest in Peace We pray for the happy repose of the soul of Patricia 'Pat' McKenna, Rest in Peace. The Requiem Mass for Patricia's soul will be on Wednesday 4th March at 10.00 am at St. George Church.

Our sincere condolences to Allison on the death of her father Brain Hames Rest in Peace.

Mass attendance last weekend 721. Syro Malabar 170. The collection last week was £1433.80p. Average weekly standing order collection is £350. Thank you.

counting Rota	19/01F	26/01E	02/02B	09/02F	15/02E	20/02B
Hospital Rota	19/01A	26/01B	02/02D	09/02A	15/02B	20/02D



Joke of the Week: Today I mended a violin, I restrung a violin and I polished a violin. Just fiddly jobs really.
(Attributed to Tim Vine)

Our parish safe guarding officials are Jenny Richmond and Marina Tuddy.

Mass times and intentions at Our Lady and St. George

06:00pm	Bernard Carey (Rest in Peace) (Family)
Sun 9 February	FIFTH SUNDAY IN ORDINARY TIME
08:30am	John Mills (Rest in Peace) (Over 60's Club)
10:00am	Carole Hodges (Rest in Peace)(Fawcett)
12:00noon	Josephine and Family (Jane Frances)
02:30noon	Syro Malabar Mass
Mon 10 February	SAINT SCHOLASTICA, VIRGIN
9:15am	John Mills (Rest in Peace)(Mc Gee)
04:00pm	Whipps Cross Hospital- Mass-(Parishioners)
06:00pm	Brida O'Halloran's Intentions (O'Gorman)
Tue 11 February	FERIA
09:15am	Susan (Rest in Peace) (Mc Gee)
06:00pm	John Mills (Rest in Peace) (Murphy Family)
Wed 12 February	FERIA
09:15pm	John Mills (Rest in Peace) (O'Gorman)
06:00 pm	Mathew Joseph Darvey (Rest in peace) (Foundation Mass)
Thu 13 February	FERIA
09:15am	Susan Scanlon (Rest in Peace) (Murphy Family)
06:00pm	Monsignor Anthony Stark (Rest in Peace) (Pact)
Fri 14 February	SAINT CYRIL, MONK AND METHODIUS, BISHOP
09:15am	Neil Campbell (Rest in Peace)(Cullen)
06:00pm	Helen Gertrude Davey (Rest in Peace) (Foundation Mass)
Sat 15 February	FERIA
10:00am	Sister Scholastica Intentions (Sister Scholastica)
06:00pm	Gertrude Charles (Intentions)
Sun 16 February	SIXTH SUNDAY IN ORDINARY TIME
08:30 am	Demetrio Flores (Rest in Peace)
10:00 am	John Mills (Rest in Peace) (McKenna)
12:00noon	Mary Callanan (Rest in Peace) (Veronica)
02:30 pm	Syro Malabar Mass

Prayer List

Christopher Browne, Rose Dennehy, Carol Hogermeer, Brian Keane, Ignatius Keane, Tony McCarthy, Rose O'Neill, Andrea Roberts, Promise Shinondo, Victoria Wyndham, Christine Conway, Nora Meades, Veronica Nolan, Mr and Mrs Charles, Esperanza Buenaventura, Joyce Ross, Christine Raymond, Jacky Boyrow, Thelma Lewis, Tasmin Sparks, Eileen Karim, Sandra Gibson, Archie Garrrod, Martin Keane, Alix Charlery, Bridie Lacon, Peter Ikuptati, Mercy Fernando, Veronica Godsave,, Oliver Gaynor, Marjorie Singh, Gunanesan Singarajah, Bill Walsh, Bridget Lyons, Kristina Klimasauskaite, Philomena Spranklen, Jeffrey Mitchell, Michelle Boyle, Carla Cornelius, Cecelia Gibbs, Arthur Gibbs, Ural Gibbs, Gilbert Gibbs, Archie, George and Issac, Luis and Lukas, Comfort Kwawu, Judith Hilton, Gloria and Tracy Joseph, Regina Jose, Kojo Gyebi-Ababio, Thampirajah Baskaran, Linda Campbell, Brid O'Halloran, Hazel Belzair, Tina Henriques, Christopher O' Neill, Alan and Ross Smith, Stefan, Monica Baugh, Eileen O Kane, Louis Marie, Grace Mecaley, Jadwiga, Matthias Fredberg, Michael White, Bernadette Wilson, Fr. Jean Laurent Marie, Fr Paul Dynan, Roy and Margaret Bandhu, Maura Stone, Alma Willox, John Walsh, Chantale Wildman, Christopher Almeda, Aileen Mensah, Sr. Helen, Ted and Pat Howland, Brian Hames

Rosary: Weekdays after morning Mass Reconciliation (Confessions): Sat. 10.30am – 11.30am. 5.00pm – 5.45pm. During these times the priest is in the Reconciliation Room, inside the Blessed Sacrament Chapel, to the left. Confessions are also available at other times on request. **Exposition of the Blessed Sacrament** Mondays: 10am-7pm; Wednesdays 10am-4pm; Fridays 9.45-10.45am; Saturdays 10.30-11.30am.

Bible Study: Mondays at 8pm, Church Meeting Room