CATHOLIC PARISH OF OUR LADY AND ST GEORGE 132 Shernhall Street, Walthamstow E17 9HU Tel: 020 8520 5877 Fax: 020 8520 4805 E-mail: parishoffice@olsg.co.uk Website: www.olsg.co.uk Fr Maurice Gordon; Fr Patrick Daly Fr Joseph Anthiamkulam (Syro-Malabar Chaplain); Fr David Waller (Ordinariate Priest) (020 8554 3763) Rev. Joseph Baffour-Awuah (Permanent Deacon) Sr. Anne Marie (Pastoral Care)

Lower Site 8520 8500. Upper Site: 8520 3552 Holy Family Catholic College: 8520 0482/8520 3587

## 19<sup>th</sup> July 2015 SIXTEENTH SUNDAY OF ORDINARY TIME (B)

In last week's Gospel, Jesus sent out His apostles to engage in the hard work of preaching repentance and conversion throughout the surrounding towns and countryside. This week, they return to Him and share their experiences. They had been very successful: so many were drawn to Jesus that the apostles didn't have time to eat. To protect them from being burned out, Jesus calls them to come away with Him to a lonely place for rest.

At the start of summer we can identify with the need for rest, and give thought to how we spend our rest periods. It is easy to fill them up with noise and constant entertainment. It is good to spend some of our free time doing activities we enjoy, but we do need to be careful. I often hear people tell me after coming back from a holiday that they are more tired than before they went.

Jesus calls all of us to take our rest with Him, to be alone with Him and to be refreshed in His company. We leave aside our activities to be still, to listen and to speak to Him. The apostles are called away to a lonely place, where they can withdraw in silence. We too should look for and take advantage of opportunities for silent time and space with the Lord – it can be difficult in London but there are things we can do; we can get up a little earlier, when the house is quiet, or pop into a Church during the day or on our lunch break, or find a quiet spot in the park. The moments that we spend with the Lord in quiet prayer are never wasted; we will always come back to our work enriched.

We must make the conscious decision to create space in our busy schedules for the Lord. Constant activity and entertainment are obstacles to prayer, and if we are always active we will become physically and spiritually drained.

The psalm refers to the 'restful waters' to which the Lord leads us to 'revive [our] drooping spirits'. The first reading and Gospel refer to Jesus as the Shepherd for His flock. If we do not make the effort to listen to our Shepherd we will easily go astray.

When we work hard, all kinds of tensions build up in us, which can rob us of peace. Finding the quiet moments are crucial so that we can bring everything to Christ. With Him there is no pretence needed, we come as we are to unburden ourselves – and He restores us to peace. When we have Jesus, even if we have nothing else, we have everything. As we take our summer rest, we seek not only to relax our bodies, but also to refresh our souls, that we might delight in the company of Jesus, and come back again to our work with new energy. **BAPTISMS:** By appointment. Prior attendance to Baptism Course required. The next course will take place on Monday 20<sup>th</sup> July at 7.30pm.

**MARRIAGES:** By appointment. Six months notice is required.

**SUMMER ARRANGEMENTS:** There will be no newsletters during August; next week's will be the last until 5/6<sup>th</sup> September. During August there will be one weekday Mass at 9.15am.

**AYLESFORD PILGRIMAGE:** Three coaches from the parish went to Aylesford Priory in Kent last Saturday for a pilgrimage to the shrine of Our Lady of the Assumption and St Simon Stock. It was a wonderful opportunity for prayer and for family fun and relaxation. Thanks to the leaders who organized the coaches and handled logistics.

**EVENING FOR PERSECUTED CHRISTIANS:** A big thanks to everyone who attended the evening of prayer and music for our persecuted brothers and sisters in the Middle East. A total of £743.22 was raised for Aid to the Church in Need, to help children and families living in extreme hardship. Thank you for your generosity.

**SYRO-MALABAR FIRST COMMUNIONS & CONFIRMATIONS:** We congratulate the seven children who received First Communion and Confirmation last Sunday from Archbishop Joseph Perumthottam, who was visiting the parish. We pray for their families and for the Malayalam-speaking community in our parish.

**SICK CALLS TO HOSPITAL:** In light of strict data protection rules it is important that on entering hospital you tell the nurses that your details or those of your relatives be passed to the Catholic chaplain, if you wish to be visited. We visit the wards during the week and also provide a 24-hour on-call service in case of emergency.

**CONFIRMATION THANKSGIVING:** There will be a Mass of thanksgiving for all the newly confirmed young people and their families on 19<sup>th</sup> July at 12 noon, after which the Confirmation certificates will be presented. This will be followed by a parish garden party and barbecue (open to all).

**<u>'ASSISTED SUICIDE' BILL:</u>** On Friday 11th September the House of Commons will debate and vote on a Bill to legalise assisted suicide. This will put the most vulnerable people in our society at risk. Please contact your MP, urging them to attend the debate and vote against the Bill. You can send an e-mail to your MP via the Catholic Bishops' Conference website (www.catholicnews.org.uk/assisted-suicide) or send a letter by post, a draft of which can be found at the back of the Church

**NATIONAL DAY OF PRAYER AND FASTING FOR LIFE:** On Friday 24<sup>th</sup> July, the Vigil of St James please pray and fast for the end of abortion and euthanasia. Your prayer and fasting is urgently needed so that the women helped, by The Good Counsel Network, will receive the Grace from God to continue their pregnancies. For information on the days of Prayer and Fasting contact The Good Counsel Network on 020 7723 1740 or see www.goodcounselnetwork.com.

**PRAISE & WORSHIP EVENING:** at SION community, Sawyers Hall Lane, Brentwood, will take place this month on Sunday 26<sup>th</sup> July 2015, 7.30-9.00pm.

FR JOHN DUCKETT ANNIVERSARY: Fr John Duckett, who was an assistant priest here at St George's from 2001/2002 will celebrate the 60<sup>th</sup> anniversary of his Ordination to the priesthood on Saturday 25<sup>th</sup> July, with a Mass at 11.30am at Our Lady of Compassion, Green Street, Upton Park, E13 9AX. Fr John has invited parishioners from all the parishes at which he has served, and so you are very welcome to attend. May God continue to bless him in his priestly ministry.

**PRIMARY SCHOOL VACANCIES:** There are vacancies at Our Lady & St George school from September for children in the following year groups: Nursery, Years 1, 3, 4, 6. If interested in applying for a place contact Mrs Moloney (0208 520 8500) or visit www.olsaweb.org.

**GIFT AID:** Gift Aid is a government scheme that allows the parish to reclaim tax on all donations made by UK taxpayers, at no cost to you. The Gift Aid Scheme provides much-needed additional income for the upkeep of the Church and support of our schools. It is possible to make Gift Aid payments via Standing Order. For more information please contact Hana on 07939 485957.

<u>ROTAS – JULY:</u>					
Hospital	5/7 <b>B</b>	12/7 <b>D</b>	19/7 <b>A</b>	26/7 <b>B</b>	
Counting	5/7 <b>E</b>	12/7 <b>B</b>	19/7 <b>C</b>	26/7 <b>F</b>	
Christian Kitchen	4/7 Nor1	11/7 <b>G</b>	18/7 <b>Nor2</b>	25/7 <b>A</b>	

RIP Your prayers are asked for the repose of the soul of:

Stanley Gordon-Jenery, whose Requiem Mass will take place on Thursday 30<sup>th</sup> July at 10am

May he rest in peace.

The main offertory collection for last week was £1245.81. A further £319.58 was raised for the Apostleship of the Sea.

Thank you for your generosity.

## Mass times and intentions at Our Lady and St. George this week

6.00pm	Parish
Sun 19 <sup>th</sup> July	Sixteenth Sunday in Ordinary Time (B)
8.30am	Jason Coeur-de-Lion (Ints)
10.00am	John D'Arcy (RIP)
12.00pm	Silvia Yamson (Thanksviging)
6:30pm	[Ordinariate Mass]
Mon 20 <sup>th</sup> July	Feria
7.00am	Parish
9.15am	Maria Luisa Javier Malvenda (RIP)
Tue 21 <sup>st</sup> July	Feria
7.00am	Natalie Rosario (Ints)
9.15am	Thelma Pinto (RIP)
Wed 22 <sup>nd</sup> July	St Mary Magdalene
7.00am	Maureen Scullion (RIP)
9.15am	Private Intentions
Thu 23 <sup>rd</sup> July	St Bridget of Sweden
7.00am	Holy Souls
9.15am	James Fletcher (Ints)
Fri 24 <sup>th</sup> July	Feria
7.00am	Rosie McGlynn (Ints)
9.15am	Tim Campbell (RIP)
Sat 25 <sup>th</sup> July	St James, Apostle
10.00am	Christine Bernabe (Ints)
6.00pm	Patrick Fletcher (RIP)
Sun 26 <sup>th</sup> July	Seventeenth Sunday in Ordinary Time (B)
8.30am	Chris Cullen (Ints)
10.00am	Kujutim (Ints)
12.00pm	Jermaine Moise (Ints)
6:30pm	[Ordinariate Mass]

## We pray for those in our parish community who are ill:

Christoper Browne, Rose Dennehy, Carol Hogermeer, Brian Keane, Ignatius Keane, Tony McCarthy, Rose O'Neill, Andrea Roberts, Promise Shinondo, Victoria Wyndham, Christine Conway, Nora Meades, Veronica Nolan, Mr & Mrs Charles, Maureen Bee, Denis Collins, Esperanza Buenaventura, Joyce Ross, Christine Raymond, Jacky Boyrow, Thelma Lewis, Tasmin Sparks, Eileen Karim, Sandra Gibson, Angelina Hoareau, Archie Garrod, Martin Keane, Masangela Tardioli, Alix Charlery, Natalie Rosario, Ronald Rolle. Bridie Lacon, Peter Ikuptati. Mercy Fernando, Veronica Godsave, Mary and Anthony O'Boyle, Oliver Gaynor, Marjorie Singh, Gunanesan Singarajah, Bill Walsh, Margaret Perry, Bridget Lyons, Kristina Klimasauskaite, Philomena Spranklen, Jeffrey Mitchell, Michelle Boyle, Carla Cornelius, Cecelia Gibbs, Arthur Gibbs, Ural Gibbs, Gilbert Gibbs, Archie, George & Issac, Luis & Lukas, Anne Hutton, Comfort Kwawu, Judith Hilton.

Morning Prayer:	Mon-Fri: 9.00am. Sat. 9.45am
Rosary:	Weekdays after morning Mass
Adoration & Exposition:	Mon – Fri: 7.30am-8.30am and at the following times:
-	Mon: 10.00am – 7.00pm Weds: 10.00am – 4.00pm
	Fri: 9.45am – 10.45am, Sat: 10.30am-11.30am
<b>Reconciliation (Confessions):</b>	Sat. 10.30am – 11.00am. 5.00pm – 5.30pm (Or on request)